



YNSculpt ACADEMY FELLOWSHIP MODULE

WHY CHOOSE OUR FELLOWSHIP ?

- ▶ In an era where most programs emphasize on aesthetics alone, our fellowship is uniquely dedicated to core dermatosurgery and Trichology.
- ▶ We focus on building strong surgical fundamentals, not just injectable skills.
- ▶ From dermatosurgery unit setup and anaesthesia to nerve blocks, sterilisation, and advanced procedures, training is comprehensive and hands-on.
- ▶ Our goal is to create confident, competent dermatosurgeons, not merely aesthetic practitioners.
- ▶ If you seek depth, precision, and surgical mastery in dermatology, this fellowship is designed for you.
- ▶ Join us to strengthen the foundation that defines true dermatosurgery excellence



HIGHLIGHTS

The online module consists of **13 structured Sessions**, completes covering key **Topics** in comprehensive manner

Detailed Theoretical Explanations

- ▶ In-depth understanding of techniques, tools, and protocols.

Video Demonstrations

- ▶ Each procedure is demonstrated step-by-step, ensuring clarity and precision.

Discussion on Side Effects and Management

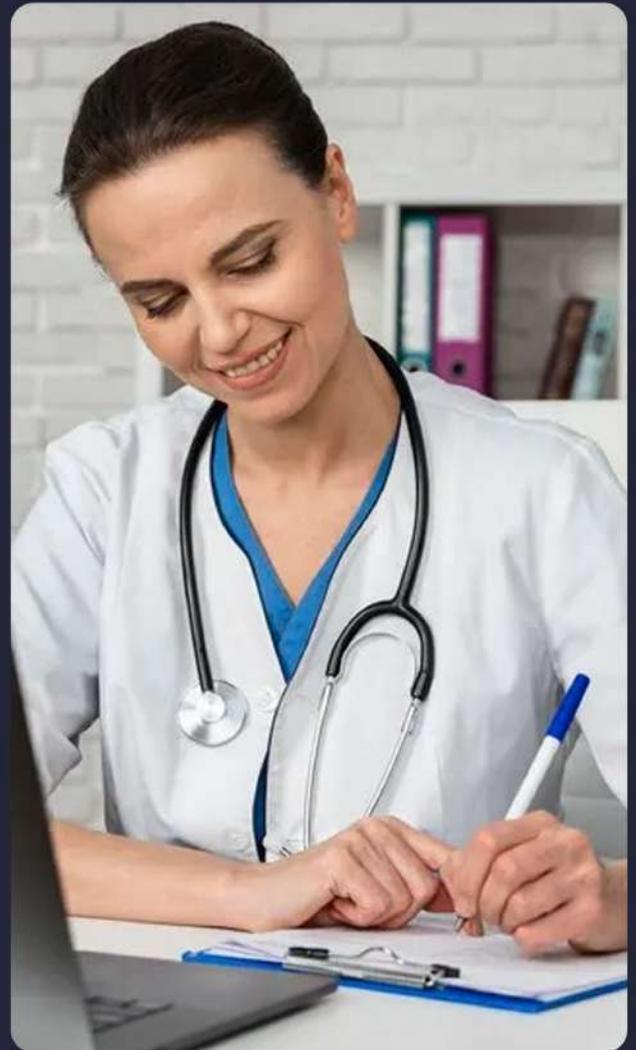
- ▶ Common side effects are highlighted, along with expert guidance on how to identify, prevent and manage them effectively.

Mock test after completion of each module

Practice on models

- ▶ Each delegate will be provided different models for various procedures which they will practice at home at their comfort and will be corrected by our faculty

ONLINE MODULE



KEY FEATURES

High-Quality Visual Content

- ▶ Demonstration videos are professionally shot to focus on the nuances of each procedure, ensuring participants understand every step in detail.
- ▶ Real-world examples with clear commentary by experienced faculty.

Case-Based Learning

- ▶ Case scenarios are discussed to emphasize patient selection, preoperative planning, and procedural customization.

Interactive Q&A

- ▶ Each module concludes with a live Q&A segment where participants can clarify doubts.

Complication Handling

- ▶ Videos and discussions include scenarios of complications, with expert solutions for managing them.

FACULTY



Dr. Yogesh Bhingradia
(MBBS, DVD)



Dr. Nandita Patel
(MBBS, MD DVL)



Dr. Samkit Shah
(MBBS, MD DVL)



Dr. Subhranshu Patnaik
(MBBS, MD DVL)

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MODULES

1. Introduction
2. Acne scar surgery
3. Vitiligo surgery
4. Elliptical excision
5. Office-Based Minor Surgery
6. Nail surgery
7. Fat transfer
8. Lasers & Microneedling
9. Monothreads
10. Trichology
11. Skin Boosters
12. Botulinum Toxin
13. Hospital Management (How to set up OT, Train staff, MR management, Pharmacy Management)

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PHASE 1 : ONLINE LECTURE SERIES

The first phase consists of an extensive online lecture series covering all modules. This program has been carefully designed to provide participants with in-depth theoretical knowledge of various procedures and techniques.

The focus will be on

- ▶ Building a strong foundation before hands-on training
- ▶ Step-by-step understanding of protocols, indications, and precautions
- ▶ Learning the science and rationale behind each procedure

To ensure active participation and progressive learning, course coordinators will monitor performance and preparedness. Participants will be encouraged to share videos, photos, and case discussions in common groups. This will help coordinators assess technique, clarify doubts, and provide constructive feedback in real time.

Thus, Phase 1 will serve as the knowledge and skill-preparation stage, ensuring that every participant enters the hands-on training sessions with clarity and confidence.

PHASE 2 : MOCK TEST

PHASE 3 :

CASE-BASED INTERACTIVE LEARNING

In the third phase, participants move beyond theory into applied, interactive learning. Each session, covering two modules, is designed to be highly engaging and clinically oriented.

Key highlights of this phase

- ▶ **Session Structure** : Every module concludes with an online test to assess comprehension and reinforce learning. This is followed by a Q\&A segment, making it highly Segment will they be. Only after the candidates have passed the Q & A segment will be allowed to enter next session.
- ▶ **Case-Based Discussions** : The primary emphasis will be on real-world case studies, guiding participants to think critically and apply their knowledge to clinical decision-making.
- ▶ **Patient Selection** : Detailed interaction and discussion will focus on identifying the ideal patient for each procedure, addressing indications, contraindications, and tailoring treatment strategies
- ▶ **Duration & Depth** : This phase ensures participants gain practical insights and problem-solving skills that prepare them for hands-on training.

By the end of Phase 3, participants will have a strong understanding of how to translate theoretical knowledge into clinical judgment, making them confident in evaluating and selecting patients for various procedures.

PHASE 4 :

HANDS-ON WORKSHOP

The final phase of the program is centered on intensive hands-on workshops, depending on the chosen module. These sessions are meticulously structured to ensure that every participant gains practical mastery of procedures under close expert supervision.

Key features of Phase 4

- ▶ **Step-by-Step Training** : Each procedure is taught in detail, starting from patient preparation and safety protocols to the execution of both basic and advanced techniques.
- ▶ **Supervised Practice** : Participants will have the opportunity to practice directly under the guidance of experienced faculty, receiving personalized feedback and correction in real time.
- ▶ **Skill Application** : This is the stage where participants translate their theoretical knowledge from Phase 1,2 and 3 into clinical practice, ensuring confidence and competence.
- ▶ **Controlled Learning Environment** : The workshops are conducted in a safe, structured, and interactive setting, simulating real clinical scenarios while maintaining the highest standards of patient safety.
- ▶ **Progressive Learning** : The workshops are designed to build confidence gradually—from mastering fundamental skills to performing complex techniques with precision

By the end of Phase 4, participants will have gained not just hands-on experience, but also the confidence, judgment, and dexterity required to independently perform procedures in their own clinical practice.

MODULE OUTLINE

MODULE 1 : INTRODUCTION

Topic	Subtopics
Dermatosurgery Unit Setup	<ul style="list-style-type: none">- OT layout & planning- Essential equipment- Safety & waste disposal
Anaesthetic Agents	<ul style="list-style-type: none">- Local & topical anaesthesia- Adrenaline use- Safe dosage & toxicity
Nerve Blocks	<ul style="list-style-type: none">- Facial nerve blocks- Digital nerve block- Indications & technique
Sterilisation	<ul style="list-style-type: none">- Autoclaving- Chemical sterilisation- Infection control

MODULE OUTLINE

MODULE 2 : ACNE SCAR SURGERY

Topic	Subtopics
Acne Scar Management	<ul style="list-style-type: none">- Anatomy Of Scar- How To Assess Acne Scars- TCA CROSS- Tumescent Anesthesia- Subcision – Needle, Cannula, RF Assisted, Taylor’s Liberator- Surgical – Punch Excision, Dermal Grafting, Elliptical Excision, Punch Flotation- Devices – Fractional Co2 Laser, Microneedling, MNRF, Erbium Glass Laser, Co2 Shouldering, Co2 Pin Hole Ablation- Regenerative – PRP, IPRP, Biofiller, HA Filler, Fat Transfer



MODULE OUTLINE

MODULE 3 :

VITILIGO SURGERY

Topic	Subtopics
Vitiligo Surgery	<ul style="list-style-type: none">- Patient Selection- Suction Blister Graft- Ultrathin Split Skin Graft- Non Cultured Epidermal Cell Suspension- Miniature Punch Graft- FUE in Vitiligo- Dermabrasion- Microneedling With 5FU- Phenolisation- Phototherapy- Post Surgical Management

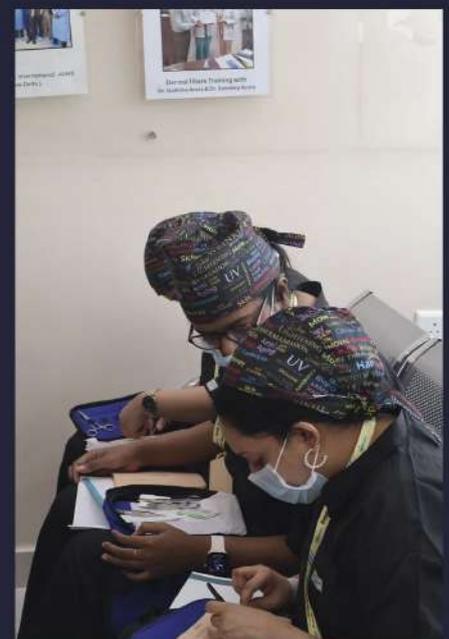


MODULE OUTLINE

MODULE 4 :

ELLIPTICAL EXCISION

Topic	Subtopics
Suturing Techniques	<ul style="list-style-type: none">- Knotting methods like : Simple interrupted suture Running continuous suture Vertical mattress suture Intra dermal suture- Suture selection- Different types of suturing techniques- Elliptical excision



MODULE OUTLINE

MODULE 5 :

OFFICE-BASED MINOR SURGERY

Topic	Subtopics
Office-Based Minor Surgery	<ul style="list-style-type: none">- Ear Lobe Repair- Mucosal Procedures - Mucocele- Excision Of Moles, Cysts And Lipomas- Circumcision - Surgical, Stapler- Keloids - Intralesional, Fillet Flap, EBD- Eye Lid Surgery - Xanthelasma, Blepharoplasty,- DPN, Moles & Warts Around Periorbital Region- Skin Biopsy- Postoperative Care- Intralesional Modalities (Skin, Hair, Nail)



Pre Procedure



Pre Procedure



Post Procedure



MODULE OUTLINE

MODULE 6 : NAIL SURGERY

Topic	Subtopics
Nail Surgery	<ul style="list-style-type: none">- Surgical anatomy of nail- Digital anaesthesia- Nail Biopsy- Partial & Total nail avulsion- Nail tumour- Pincer nail avulsion

MODULE 7 : FAT TRANSFER

Topic	Subtopics
<ul style="list-style-type: none">- Fundamentals of Fat Grafting- Indications- Contraindications- Patient Selection Techniques of Fat Harvesting, Processing and Injection	<ul style="list-style-type: none">- Practice of Fat Grafting- Facial and body areas- Volume Restoration- Scar Correction

MODULE OUTLINE

MODULE 8 :

LASERS & MICRONEEDLING

Topic	Subtopics
Application of Different Laser Modalities	<ul style="list-style-type: none">- Laser Hair Removal (LHR)- How To Use Co2 Laser For Various Indications- Fractional Co2 For Scars- Q-switched Lasers (Pigmentation, Tattoo Removal, Acne Scars)- Microneedling- MNRF- Excimer Light



MODULE 9 : MONOTHREADS

Topic	Subtopics
Introduction to Mono Threads	<ul style="list-style-type: none">- Evolution of threads- PDO mono threads- Mechanism: collagen induction, tissue support, neovascularization- Sterility, storage & handling- Facial & neck rejuvenation (fine lines, wrinkles)
Introduction & Patient Selection	<ul style="list-style-type: none">- Atrophic scars- Nasolabial folds, marionette lines, jawline, neck bands- Hair: AGA, diffuse thinning (adjunctive)- Area mapping- Lifting vectors (midface, jawline, neck)
Techniques & Placement	<ul style="list-style-type: none">- Rejuvenation mesh technique- Scar revision & hair stimulation- Combination therapies
Complications & Management	<ul style="list-style-type: none">- Prevention strategies- Stepwise complication management



MODULE 10 :

TRICHOLOGY

Topic	Subtopics
Procedural Trichology (Step by step video demonstrations)	<ul style="list-style-type: none">- Trichology & trichoscopy basics- OPD evaluation & reporting- Alopecia areata management- MAGA & FPHL- Hormonal evaluation & PCOS- Procedural trichology- Scalp disorders & cosmetics- Scarring alopecia and its management



MODULE 11:

SKIN BOOSTERS

Topic	Subtopics
Facial Anatomy & Rheology	<ul style="list-style-type: none">- Layered Facial anatomy- Fat compartments & retaining ligaments- Vascular anatomy & danger zones- Muscle anatomy for injectables- Rheology: G', viscosity, cohesivity- Product behavior & tissue interaction
Skin Boosters	<ul style="list-style-type: none">- Indications & patient Selection- Types: HA, PN/PDN, biostimulators- Injection depths & planes- Techniques: microdroplet, nappage- Face, neck, hands- Combination protocols- Complications & aftercare



MODULE 12 :

BOTULINUM TOXIN MODULE

Topic	Subtopics
Botulinum Toxin	<ul style="list-style-type: none">- Pharmacology & dilution- Upper Face Botox- Lower face & neck botox- Dosing & injection points- Advanced indications- Complications management- Counseling & Follow-Up



MODULE 13 : HOSPITAL MANAGEMENT

Topic	Subtopics
Principles of hospital and clinic management	Principles of hospital and clinic management; Legal and ethical framework for dermatology practice
How to set up an Operation Theatre	OT location, design, and zoning (clean, sterile, disposal areas); Airflow and infection control standards; Essential equipment and instruments list; Sterilization and disinfection protocols
Staff training and management	Roles of OT nurse, assistant, and technician; Training protocols (asepsis, instrument handling, patient safety); Checklists and SOPs for smooth functioning; Team communication and leadership
Medical Representative (MR) management	Professional interaction and boundaries; Evaluating products and devices (how to choose); Negotiation strategies and sample policies; Avoiding conflicts of interest
Pharmacy management	Setting up an in-house pharmacy; Inventory management (expiry control, FIFO method); Prescription monitoring and drug storage; Legal requirements for dispensing drugs
Financial and resource management	Budgeting for OT and pharmacy; Cost control and revenue optimization; Insurance and reimbursement policies in dermatology
Quality control and audit	Quality control and audits : <ul style="list-style-type: none">- NABH/NABL basics for dermatology OTs- Patient safety and consent documentation- Complication reporting and risk management- Regular audit systems (clinical, pharmacy, infection control)

MODULE OUTLINE

MODULE 14 : BONUS SESSIONS

HOW I MANAGE



- ▶ Hidradenitis suppurativa
- ▶ Periungual subungual warts
- ▶ Rhinophyma
- ▶ Corns and callosities
- ▶ Non healing ulcers
- ▶ How to manage pediatric procedures
- ▶ Nerve biopsy

HANDS ON MODULE



HANDS ON MODULE 1 : ACNE SCAR

Hands On :

1. Suturing techniques
2. Punch excision
3. Different techniques for subcision
4. Taylor's liberator
5. PDO threads
6. PRP
7. CROSS TCA
8. Biofillers



Demonstration :

1. Co2 laser reurfacing / Erbium glass laser
2. Fat grafting
3. Micro Needling with Dermapen
4. MNRF



Address :

Shivani Skin Care & Cosmetic
Clinic, 4th Floor Sarthi Doctor
House, Hirabaug, Varachha, Surat.

HANDS ON MODULE 2 : VITILIGO SURGERY



Procedures Covered :

1. Miniature Punch Grafting
2. Suction Blister Grafting
3. Non Cultured Epidermal Suspension
4. Ultra Thin Skin Grafting
5. FUE
6. Dermabrasion
7. Microneedling
8. PRP In Vitiligo

Address :

Shivani Skin Care & Cosmetic Clinic, 4th Floor Sarthi Doctor House, Hirabaug, Varachha, Surat.

HANDS ON MODULE 3 : SKIN BOOSTERS & BOTOX



1. Recap of molecules & protocols from online lecture
2. Live demonstration by faculty:
3. PDRN - undereye, Post-acne scars
4. NCTF - mesotherapy approach
5. SKIN BOOSTERS - Hydration Protocol, Glow, Radiance
6. Discussion on dilutions, combinations & Treatment planning
7. Basic Botulinum injection points
8. Mesobotox technique

Address :

Shivani Skin Care & Cosmetic Clinic, 4th Floor Sarthi Doctor House, Hirabaug, Varachha, Surat.

HANDS ON MODULE 4 : TRICHOLOGY



1. Scalp anesthesia techniques
2. Hands-on / observational training
3. Platelet-based therapies
4. PRP
5. GFC
6. i-PRF
7. Monothreads for scalp
8. Exosome therapy
9. Microneedling with various devices
10. Dutasteride mesotherapy
11. Low-level laser therapy (LLLT)

Address :

Aarogyam Skin, Hair, Laser Clinics, Bajrakabati Road, in Front of beam Diagnostics, Bata Showroom Lane, Shanti Nagar, Ranihat Colony, Cuttack, Odisha 753001

LETTER FROM YNSculpt DIRECTORS :

Dear Fellows,

It gives us immense joy to welcome you into the YNSculpt Fellowship. This program is not just a training journey, but a commitment — to learning, to excellence, and to the art of transforming lives.

At YNSculpt, our purpose is simple yet profound: to bridge knowledge with hands-on mastery, and to nurture future leaders in aesthetic dermatology and dermatosurgery. We believe that true expertise lies not only in knowing techniques but in developing the vision to choose the right procedure for the right patient, at the right time.

Through This Fellowship, You will Experience :

- ▶ Comprehensive exposure to surgical and non-surgical scar management, lasers, energy devices, regenerative medicine, and advanced aesthetic techniques.
- ▶ Structured mentorship, where you learn not only how to perform but also why and when.
- ▶ Practical skill-building, where theory is immediately translated into practice, ensuring confidence and precision.
- ▶ Ethics and empathy, the foundation on which every patient interaction must stand.

Our purpose is not just to teach, but to help you evolve into professionals who combine science with artistry, and innovation with responsibility. Each of you carries the potential to elevate standards of care — and together, we are shaping a community that sets benchmarks for dermatosurgery across the globe.

We invite you to embrace every challenge, ask every question, and commit to excellence. This fellowship is your platform to refine your craft, but more importantly, to discover your unique identity as a dermatosurgeon.

With warm regards,

Directors, YNSculpt Academy

PICTURES OF HANDS ON WORKSHOP CONDUCTED



BENEFITS OF THE PROGRAM :

- ▶ Each candidates get personal suturing kits from YNSculpt
- ▶ **Certification** : Upon course completion
- ▶ **Mentorship** : Personalized guidance from experts
- ▶ **Comprehensive Knowledge** : A blend of theoretical understanding and hands-on expertise.
- ▶ **Confidence in Execution** : Ability to independently perform a wide range of dermatosurgical and laser procedures.
- ▶ **Problem-Solving Skills** : Enhanced capacity to manage complications and optimize outcomes.
- ▶ A step by step procedural guide given to each participant of the selected hands on module

AMOUNT :

**ONLINE MODULE :- 99,000/-
(INCLUDING 18% GST)**

**HANDS ON :- 30,000/-
(INCLUDING 18% GST) (PER MODULE)**

For Queries, Kindly Contact :

Dr. Nandita Patel : +91 97308 40004

IG : ynsulpt

Website : ynsulpt.com

TERMS & CONDITIONS :

- 1. Only Dermatologist are eligible for the fellowship.**
- 2. The fellowship program includes mandatory online sessions participation to be eligible for hands-on workshops**
- 3. The total course duration is six (6) months from the date of commencement.**
- 4. Once registered, the course fee is non-refundable and non-transferable. Course dates and module schedules cannot be changed under any circumstances.**
- 5. The fellowship offers four offline hands-on module Participants may enroll in one or more modules as per preference.**
- 6. Hands-on module fee: ₹30,000 per module (inclusive of GST). Discounts applicable only when multiple modules are registered together**
 - Two modules: 5% discount**
 - Three modules: 7.5% discount**
 - Four modules: 10% discount**
- 7. The dates of hands on workshop will be declared by the directors of YNSculpt academy after the commencement of fellowship.**
- 8. Discounts cannot be applied retrospectively or combined with any other offer.**
- 9. The organizing committee reserves the right to modify the schedule or program structure if required, without compromising academic standards.**